

Joanne McNally, the perfect roast chicken sandwich and a wine tasting

NICK GRIMSHAW: This podcast may contain some strong language and adult themes.

NICK GRIMSHAW: Oh, hello there and welcome to Dish from Waitrose. I'm Angela Hartnett.

ANGELA HARTNETT: And I'm Nick- what?

NICK GRIMSHAW: Who are you?

ANGELA HARTNETT: I literally went to say I'm Nick Grimshaw.

NICK GRIMSHAW: Hey, I'm Angela Grimshaw and you are...

ANGELA HARTNETT: Nicholas Hartnett.

NICK GRIMSHAW: That's right! Hey, we have a wonderful comedian joining us today on Dish, we have Joanne McNally coming to see us, who's a comedian and a podcaster. You will know her from being very, very funny on stage, but also know her from being really funny on her podcast, My Therapist Ghosted Me.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Which is her and Vogue. Them two as bezzies. And they just basically put the world to rights every single week on that podcast.

ANGELA HARTNETT: She's very funny.

NICK GRIMSHAW: She's very funny, and her and Vogue together are brilliant. They feel like, yeah, they're your mates, don't you?

ANGELA HARTNETT: Yeah, you want them to be your mates, really.

NICK GRIMSHAW: You really do. Actually, today will be an interview with Joanne McNally, but I also feel, will be a campaign to get her to like us.

ANGELA HARTNETT: To be your mate.

NICK GRIMSHAW: Yeah, to get her to like us.

ANGELA HARTNETT: Get her to Grimmy's Christmas party.

NICK GRIMSHAW: Yeah, get her around for Christmas. Have you ever met Joanne McNally?

ANGELA HARTNETT: No, never.

NICK GRIMSHAW: No, me neither.

ANGELA HARTNETT: That's very unusual for you not to have met someone.

NICK GRIMSHAW: I know, I'm excited. So before we get Joanne in, let's have a message from Juliet, who's been on. It's not really a question, it's an essay.

ANGELA HARTNETT: It is an essay.

NICK GRIMSHAW: There's a lot there. She has a lot to say, does Juliet. She says, 'Dear Angela-' no mention of me. 'Dear Angela, so pleased to hear you mention roasting the bones in the chicken stock conversation last season. Sadly the moment was brief and I fear this important point could have gone unnoticed. So, I often read about the dire bone broth or dishwasher type stock which is left boiling on the top. I made my stock by bronzing the bones, skin bits in the roasting tin and then pouring over boiling water and leaving in the oven.' She says, 'I have no wrinkles, which I credit to the stock, which contains natural collagens.' Also Juliet never smiles. So that will do it as well. 'Love your work. Adore you too, Nick. From Juliet.'

So is that a good way to make a stock? Cause I always will make a roast chicken on a Sunday, put it in a massive pan, fill it with water, put a bit of veg in, some black pepper. And just like let it go off.

ANGELA HARTNETT: So you don't break the bones down?

NICK GRIMSHAW: No, I sort of put the whole chicken in and then it sort of boils itself off don't it.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: So then after a bit you can like stir it and it's legs will just fall off.

ANGELA HARTNETT: Yeah, yeah.

NICK GRIMSHAW: So she's saying chop up the bones and stuff-

ANGELA HARTNETT: She's making more a chicken sauce.

NICK GRIMSHAW: Right.

ANGELA HARTNETT: Necessarily, than a broth.

NICK GRIMSHAW: Stock.

ANGELA HARTNETT: Cause she's reducing it quite a lot.

NICK GRIMSHAW: Mm-hm.

ANGELA HARTNETT: So it's very chef-y how she's making it. But I would do it more like you, I would put it in the pan, my bones and everything, roast off my vegetables. I would cover it with cold water, see, I don't do the hot water method, because then all the scum comes to the surface, skim it all off, and, yeah mine's golden brown, but because she's roasting it, that's what's giving it all the colour. And then she's reducing it, so the colour's getting deeper and deeper, so it's probably quite an intense flavour. I mean, it sounds delicious.

NICK GRIMSHAW: It does sound delicious.

ANGELA HARTNETT: And if she's not working Friday, she can come do a shift at Murano, and I'll get her on the meat and fish section.

NICK GRIMSHAW: Alright, there you go Juliet, you've not got any wrinkles, but you have got a job.

ANGELA HARTNETT: We do smile in our kitchen though, Juliet, we do smile.

NICK GRIMSHAW: Right, shall we get our guest in?

ANGELA HARTNETT: Yes!

[Dinner table sounds]

NICK GRIMSHAW: Today's guest is a writer, comedian, and massive podcaster, and sometimes the third wheel in Vogue and Spencer's marriage. It's Joanne McNally everybody!

[Applause]

NICK GRIMSHAW: Hi Joanne McNally!

JOANNE McNALLY: Hello!

NICK GRIMSHAW: And how are you? How is life? You've just experienced this scorching, random heatwave that we're experiencing right now.

JOANNE McNALLY: Well, I only moved back to London yesterday, so I was- well, in fairness, I'd come from Dubai, so that's basically like an oven as well. But I was only there for a day. I was living here for a couple of years and then I moved back to Ireland for work. But Ireland, the heat's not- you don't understand, the London heat, it's like oven heat. You just forget when you're not here. And like I say, I don't know how to read the weather, so I came basically in a ski suit, and I was outside and I was like proper like po- also I sweat. I sweat loads. Loads. Like when me and Vogue did a show together in Ibiza, and we were only supposed to have hair and makeup for the morning, and they had to keep the hair and makeup people all day so they could blot me down.

NICK GRIMSHAW: Yeah.

JOANNE McNALLY: For the whole day and Vogue didn't- she doesn't sweat.

NICK GRIMSHAW: Doesn't sweat. Oh Vogue, 'course.

JOANNE McNALLY: And I look like I've done a spinning class. It's so uncomfortable, I hate it. But hey, there you go.

NICK GRIMSHAW: So you moved back yesterday.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: And how long are you planning on staying? Because the place that you're staying in, I feel, might have a finite time.

JOANNE McNALLY: I know. Well, so I'm in Vogue's basement.

NICK GRIMSHAW: Right.

JOANNE McNALLY: Now, let's be very clear. It's not a normal basement.

NICK GRIMSHAW: Right.

JOANNE McNALLY: Do you know what I mean? I'm not, like, in a dark box.

NICK GRIMSHAW: Yeah.

JOANNE McNALLY: I very much have the run of the downstairs of the home.

NICK GRIMSHAW: Oh, lovely.

JOANNE McNALLY: Yeah, which is very nice.

ANGELA HARTNETT: Do you have your own little bathroom, kitchenette, the whole...

JOANNE McNALLY: I have it all.

NICK GRIMSHAW: Oh, wow.

ANGELA HARTNETT: It's a flat.

JOANNE McNALLY: I know, I know.

ANGELA HARTNETT: It's a flat.

JOANNE McNALLY: It's kind of a- it is.

NICK GRIMSHAW: It's a flat.

JOANNE McNALLY: It's a one woman flat. And the children- so they have stairs up and there's a glass door into the kitchen. So I'll go up and see if there's anyone in there, if there is I don't go in.

NICK GRIMSHAW: Right.

ANGELA HARTNETT: Right, okay.

JOANNE McNALLY: Or I'll text Vogue in the morning and go, where are you? Who's there? What am I dealing with?

NICK GRIMSHAW: Right, yeah.

JOANNE McNALLY: And then if it's too much, I don't go up to the- I don't go up to the main house.

NICK GRIMSHAW: No. Stay downstairs.

JOANNE McNALLY: I stay downstairs.

NICK GRIMSHAW: You're working.

JOANNE McNALLY: I'm downstairs. It's amazing. But that's where I lived when I moved over originally, and I was staying in these like 17 bed female dorms in hostels, and everyone was crying themselves to sleep, you know.

JOANNE McNALLY: The climb. But then-

NICK GRIMSHAW: Were you like, this will make good content one day. Content.

JOANNE McNALLY: Yeah. I was like, 'Hey babe, why are you crying?' And I just jotted it all down.

NICK GRIMSHAW: 'Is it funny?'

JOANNE McNALLY: 'What did he do now, Martha?' Anyway, so Vogue invited me to live with her, and so I start- that's where I lived in the basement for a while, then got my own place and now I'm back in the basement.

NICK GRIMSHAW: Back in the basement.

ANGELA HARTNETT: And is that when you both started doing the podcast, when you moved in?

JOANNE McNALLY: Yeah.

ANGELA HARTNETT: Oh, brilliant.

NICK GRIMSHAW: Is it really?

JOANNE McNALLY: Yeah, yeah, yeah. So I knew Vogue from home for years, we're both from Dublin, but we were never friends. We were in a circle, you know the way you're in a gang, but then within that gang there's tribes within the giant tribe. And when you're a young woman in particular, you can be very tribal. So we knew each other, but it was a bit like, oh, hello...

ANGELA HARTNETT: Who are you?

JOANNE McNALLY: Yeah, what's going on here? This Amazonian DJ model.

NICK GRIMSHAW: Who doesn't sweat.

JOANNE McNALLY: Who doesn't sweat! Or sing, that's a relief. She can't sing either, so that's good. Anyway, so then we weren't really friends, but we were very aware of each other, obviously. And then when I moved over to London, she had no friends here either, so it was kind of by default. We were like, well, it's just us now. So our friendship was, it started out as an act of desperation, exactly, and then when I moved in with her we became best friends.

ANGELA HARTNETT: Fantastic.

NICK GRIMSHAW: And how long did you live at Vogue and Spencer's? Quite a while.

JOANNE McNALLY: Six months now?

NICK GRIMSHAW: Oh wow, quite a run.

JOANNE McNALLY: Yeah, yeah, yeah, yeah.

NICK GRIMSHAW: I thought it was like a fortnight, but you were in there.

JOANNE McNALLY: No, I was proper, like, yeah, hung things up.

NICK GRIMSHAW: And would you ever- yeah.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Unpacked.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Would you ever consider being maybe adopted by Vogue and Spencer?

JOANNE McNALLY: I'd love to. I don't think Spencer even knew I was in the house for the first three months. I think he thought I was one of the nannies, he was like, he was like, who's this extra woman? He was like, take one of the children please.

ANGELA HARTNETT: Yeah. Yeah.

JOANNE McNALLY: I'd love to be, I mean it's not, it wouldn't be a bad family- I mean if I could be adopted by any celebrity family, it would be the Beckhams.

NICK GRIMSHAW: Oh would it?

JOANNE McNALLY: Yeah!

NICK GRIMSHAW: Yeah.

JOANNE McNALLY: Come on, Harper, she's living her best life.

NICK GRIMSHAW: Yeah, she is living it, yeah.

JOANNE McNALLY: Yeah!

NICK GRIMSHAW: She's got a nice little life, hasn't she?

JOANNE McNALLY: She's got a gorgeous life.

NICK GRIMSHAW: I also really like, Miami, Milan-

JOANNE McNALLY: I know.

NICK GRIMSHAW: -like somewhere.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Somewhere on a boat.

JOANNE McNALLY: I know, they're just living a gorgeous life. But no, it would be nice to be adopted by Vogue and Spencer, but I think he's had enough of me now.

NICK GRIMSHAW: Oh really.

ANGELA HARTNETT: You feeling that, are you?

JOANNE McNALLY: He's away, so that's why I'm now- I think he, you know, he wants his home back, which I think is unreasonable.

ANGELA HARTNETT: It's the notes on the mirror.

NICK GRIMSHAW: I think it's unreasonable.

ANGELA HARTNETT: 'Get out now.' 'Leave.'

JOANNE McNALLY: Yeah, it's subtle messages.

NICK GRIMSHAW: Really subtle. We had them on, didn't we?

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: A little while back they came round, and we had a really fun day.

ANGELA HARTNETT: They were brilliant.

JOANNE McNALLY: They're great craic.

NICK GRIMSHAW: Spencer cracked you up though, didn't he?

ANGELA HARTNETT: He was- he was so funny.

JOANNE McNALLY: He's really funny.

ANGELA HARTNETT: I came away a massive fan.

JOANNE McNALLY: Yeah. Alright, Angela, calm down. Oh my gosh.

ANGELA HARTNETT: I'll be saying this about you, trust me. I will.

NICK GRIMSHAW: They're nowt on our Joanne.

ANGELA HARTNETT: Nowt on our Joanne.

JOANNE McNALLY: They're nowt, they're nowt.

[Cork popping sound]

NICK GRIMSHAW: Let's talk about your podcast because you guys do a podcast together, you and Vogue, My Therapist Ghosted Me.

JOANNE McNALLY: Yes.

NICK GRIMSHAW: Which you do remotely quite a lot because you're busy and you're travelling and you're, you know, you're about.

JOANNE McNALLY: Yeah, so when we started doing it we did it in a studio in London, because obviously we were here at the same time. But then the podcast was started during lockdown, and then it kind of started doing well, so then I went on tour, and I had a tour booked before I did the podcast, but it was quite a small tour, and then the tour started to grow so I was away loads then, and then we were doing it remotely, but it's not the same. It's just not the same. You can't read each other as much and you're like, and you're talking over each other and it's a bit of a melt to be honest. And then I'm in Australia, there's time delays, but we still made it work. I mean, some of them we were like, I don't know. We'd just do an hour and then we'd say to the producer, Joe, I don't know if there's anything in that but like- but I'm finished for the day, so good luck.

NICK GRIMSHAW: Done my hour...

JOANNE McNALLY: Done my hour...

NICK GRIMSHAW: I love the idea of us having to do this remote. You trying to set up the equipment, and setting up the mic with the laptop.

JOANNE McNALLY: It's a pain.

ANGELA HARTNETT: A nightmare.

JOANNE McNALLY: I am technologically thick. Like, one time, so we'd record on this programme, River- whatever.

NICK GRIMSHAW: Riverside.

JOANNE McNALLY: I was about to call it River Island, that's how little I know. So we record on Riverside and then I just shut down my laptop and then Joe, the producer, rang me one day and he's like, 'Joanne.' And I was like, 'What?' And he's like, 'I logged into Riverside yesterday afternoon and you were asleep on camera.' So I just hadn't logged out, I didn't know you had to. And so every time I opened my camera, I was like, on Riverside, I was getting streamed and I, I obviously fell asleep watching a documentary and Joe went to take the footage and there I was snoring away in my bra and knickers in the privacy of my own home. And he was like, you're supposed to log out.

ANGELA HARTNETT: Oh jeez.

JOANNE McNALLY: I didn't know I was supposed to log out. Anyway, yeah, so it was a- it's a-

NICK GRIMSHAW: Now you do.

JOANNE McNALLY: Now I do. Sometimes I don't, just for fun. 'Oh, I forgot. Hey Joe.'

NICK GRIMSHAW: 'Hey, Joe.'

JOANNE McNALLY: Going live. So no, it's been really difficult.

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: The tech stuff is really, really hard. And then one time, of course, I didn't hit record.

NICK GRIMSHAW: Yeah, oh, done that.

JOANNE McNALLY: Vogue claims to this day it was the best podcast we've ever made.

ANGELA HARTNETT: Oh, yeah, of course.

JOANNE McNALLY: You know, blah, blah, blah.

NICK GRIMSHAW: Thanks, Vogue.

[Drink pouring sounds]

NICK GRIMSHAW: When we were doing our research on you, is it mostly white wine, right, isn't it?

JOANNE McNALLY: Yeah, yeah, yeah.

NICK GRIMSHAW: That's the one, isn't it?

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Well, because you've got into it so much. Your tours, we've had the Prosecco Express, and the Wine Tamer.

JOANNE McNALLY: Wine Tamer, yeah.

NICK GRIMSHAW: So, I mean, it's not a, it's not a side hustle, this is a priority.

JOANNE McNALLY: Yeah, but it's also, there's a slight manipulation to it because when I was doing the first shows, I was up in Edinburgh and you want, like, I want gangs of women.

NICK GRIMSHAW: Yeah.

JOANNE McNALLY: You know what I mean? And what better way than to stick wine or something like that, because that's the show that I would go to.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Yes.

JOANNE McNALLY: If I was up in Edinburgh with my girlfriends I'd be like, Oh, this looks like a bit of craic.

NICK GRIMSHAW: Yeah. And do you think when you've got like a fun crowd in, it's a better day in the office?

JOANNE McNALLY: Of course it is. But then the Prosecco Express, which is the one I'm touring now, was because I wrote- when I wrote it, I was single and I had no kids. And I still don't have any kids. But everyone around me was getting married and having babies, I was always drinking Prosecco at their milestones, so I was like on this kind of express train toasting other people and congratulating them, so that's where that name came from.

ANGELA HARTNETT: Got you, yeah.

JOANNE McNALLY: But the next one now, I think'll have to be Alcohol Free.

NICK GRIMSHAW: Alcohol Free, otherwise it's like...

JOANNE McNALLY: I think so, I think it's time to grow up, yeah.

NICK GRIMSHAW: Yeah, yeah. Now the Prosecco Express broke records, didn't it? And what a record. I love this record. So in the London Palladium, it broke the record for the most amount of wine sold in one sitting. I mean, congrats.

[Applause]

NICK GRIMSHAW: Congratulations, yeah. I mean, that must have made for some quite interesting audience interaction.

JOANNE McNALLY: Well, it was the most amount of alcohol sold in the Palladium.

NICK GRIMSHAW: Oh.

JOANNE McNALLY: Yeah, it wasn't just wine.

NICK GRIMSHAW: It wasn't just wine.

JOANNE McNALLY: Correction.

NICK GRIMSHAW: Another round of applause. It was the most amount of alcohol ever sold, ever.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Now, you are a big fan of white wine, but I have a quote here that says you don't have any wine knowledge or standards.

JOANNE McNALLY: No.

NICK GRIMSHAW: No. Well, do you know what? That's what we're gonna do today. We're gonna get two different wines.

JOANNE McNALLY: Okay.

NICK GRIMSHAW: And we're gonna hand them over to you to be our sommelier.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: So these are two wines like chosen by Waitrose experts.

JOANNE McNALLY: Okay.

NICK GRIMSHAW: And then you can just tell us which one you prefer, and that's the wine we're going for today.

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: Mm, okay, fab.

NICK GRIMSHAW: So we have two options for you, Joanne. What should we go for first?

JOANNE McNALLY: Okay, so I'm going to go for the Picpoul first.

NICK GRIMSHAW: Okay.

JOANNE McNALLY: The Picpoul De Pinet Les Canots.

NICK GRIMSHAW: Oh yeah. Are you French?

JOANNE McNALLY: Oui. Bonjourno. It is I. 'Literally translated as lip stinger. Picpoul Blanc is an indigenous grape that grows around the shores of the Etang de Thau near the Mediterranean Sea. This refreshing dry white displays lovely citrusy aromas on the nose, combined with well-balanced acidity and zesty finish.'

NICK GRIMSHAW: Oh, cheers. Mm, right, should we give this one a go? See what we think of this.

JOANNE McNALLY: Zesty.

NICK GRIMSHAW: Okay. Mm.

JOANNE McNALLY: That's gorgeous now.

NICK GRIMSHAW: Mmm. That is good.

JOANNE McNALLY: It's white.

NICK GRIMSHAW: Mm-hm.

JOANNE McNALLY: It's cold.

NICK GRIMSHAW: It's cold, yeah.

JOANNE McNALLY: It's in a glass.

NICK GRIMSHAW: Mm.

JOANNE McNALLY: Delish. Ten, ten points.

NICK GRIMSHAW: Mm. Mm.

JOANNE McNALLY: Love that.

NICK GRIMSHAW: Mm. That is a bit of um- I don't know if it's a technical wine term, bit of an upper, that one. Innit? Could get you going, that, couldn't it?

JOANNE McNALLY: That could get you going.

NICK GRIMSHAW: I think that'd be nice, like, two o'clock, Saturday afternoon.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Nice, yeah. Alright, so that's the Picpoul.

JOANNE McNALLY: Mm-hm.

NICK GRIMSHAW: Alright, next up, should we try our second wine? What are we going for, Joanne?

JOANNE McNALLY: We're going for... it's not as white as the last one.

NICK GRIMSHAW: No. What co- that is a sort of-

JOANNE McNALLY: More of a kind of a lemony.

NICK GRIMSHAW: A lemony, yellowy... Now this is an Italian wine. Tell us about the Eccelsa Vermentino.

JOANNE McNALLY: 'You can find Vermentino grapes growing on the island of Sardinia, where it develops yellow gold-' I told you.

NICK GRIMSHAW: Yep. She knew it was yellow.

JOANNE McNALLY: ‘-yellow, gold, citrus, and nectarine notes under the Mediterranean sun. Enjoy with southern Italian dishes or freshly caught shellfish.’

NICK GRIMSHAW: Mm, alright, let's try this one.

JOANNE McNALLY: Delish.

NICK GRIMSHAW: We don't have shellfish, but let's try it.

JOANNE McNALLY: No? Okay. Mm, delish.

NICK GRIMSHAW: That one tastes a little... thinner.

JOANNE McNALLY: Yes!

NICK GRIMSHAW: Do you know what I mean?

JOANNE McNALLY: The other was a little girthier on the tongue

NICK GRIMSHAW: Girthier on the tongue, yeah.

[*Laughter*]

NICK GRIMSHAW: Why is everyone laughing at us? I'm gonna try the first one again.

JOANNE McNALLY: You can tell that is near the Mediterranean Sea, under the Mediterranean sun. You can tell.

[*Laughter*]

NICK GRIMSHAW: You can.

JOANNE McNALLY: You can tell.

NICK GRIMSHAW: So this is the sea, and this is the sun. Which do you prefer?

JOANNE McNALLY: I'll go for Picpoul.

NICK GRIMSHAW: I think Picpoul!

JOANNE McNALLY: Yeah!

NICK GRIMSHAW: No, I actually do prefer that. I think you're right. The girthiness.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: There's something in it.

JOANNE McNALLY: There's something there.

[Drink pouring sounds]

NICK GRIMSHAW: Now before we eat, as a comic, you are travelling constantly. You're around. You're about. You, I've heard, just live on a diet - not all the time - of service stations.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Just eating when you can.

JOANNE McNALLY: Yeah, yeah, yeah. There's great petrol station centres in the UK. Do you know the one that's kind of all covered in grass?

ANGELA HARTNETT: Is that the Gloucester services?

JOANNE McNALLY: That's amazing.

ANGELA HARTNETT: Yes. That's won prizes.

NICK GRIMSHAW: Ooh.

JOANNE McNALLY: Has it? I'm not surprised.

ANGELA HARTNETT: Literally has won awards. It's won awards.

JOANNE McNALLY: I spent a whole afternoon in there once. I loved it.

NICK GRIMSHAW: It's got a Pizza Express.

JOANNE McNALLY: When you get a good one it's very thrilling.

NICK GRIMSHAW: Yeah, it is.

JOANNE McNALLY: It's very thrilling. And also, if I'm being totally honest, my palate just never really developed like other people's.

NICK GRIMSHAW: Right.

JOANNE McNALLY: It just gonna stayed quite simple.

NICK GRIMSHAW: Yeah.

JOANNE McNALLY: I love chicken. I like tubs of coleslaw. Anything creamy, wet, and white.

[*Laughter*]

JOANNE McNALLY: Oh, wow!

NICK GRIMSHAW: Okay.

[*Cutlery sounds*]

NICK GRIMSHAW: We thought what we'd do today is, is do a sandwich.

JOANNE McNALLY: Yes.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: I say we, you Angela.

ANGELA HARTNETT: Me, yeah.

NICK GRIMSHAW: So Angela, what have we got here? Because this does not look like a sandwich, obviously, that you'll get at a service station. Nor that I could make at home.

JOANNE McNALLY: No, this is a fancy one.

ANGELA HARTNETT: We've got a chicken sandwich with Duchy organic chicken and that's British, high welfare, free range.

JOANNE McNALLY: Gorgeous. Amazing.

ANGELA HARTNETT: Tomatoes, gherkins, bit of cheese in there, lettuce. And we roasted the chicken first, so we roast it in the oven with thyme, lemon, rosemary, loads of butter over it, lemon and garlic in the cavity. I cover it all with foil so it slightly steams as well.

NICK GRIMSHAW: Mm. Do you do it tight or like a little tent?

ANGELA HARTNETT: Not tight, like a little pet- tent, loads of salt and pepper, and then the last twenty minutes, remove the foil so it browns off, and then lift the chicken

up, you got all those juices and you put a sort of day old piece of bread, which soaks up all those juices and then you eat that bit of bread, that is the best thing.

NICK GRIMSHAW: Ange, this is delish.

ANGELA HARTNETT: And then we did a little mayonnaise in there as well, a little mayonnaise with some lovely anchovies in there.

NICK GRIMSHAW: All of these ingredients that we used on today's show from a Waitrose, of course, you can get them on Waitrose online, and the recipe is at [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes).

(Pepper Grinder sfx)

NICK GRIMSHAW: Speaking of sandwiches, you were involved in the Irish Pret movement. So did you tweet to-

JOANNE McNALLY: I love activism, what can I say? Important issues. I want to bring Pret to Ireland, and I want to shorten the queues for the dressing rooms in Zara. They are my-

ANGELA HARTNETT: They're your two things.

JOANNE McNALLY: They're what I live to do.

NICK GRIMSHAW: That's it.

JOANNE McNALLY: That's my activism.

ANGELA HARTNETT: Well, Pret you've done, so let's help you with Zara, yeah.

JOANNE McNALLY: I don't know, but I do talk about Pret a lot. And then they opened in Ireland, and I was like, is that a coincidence?

ANGELA HARTNETT: Yes.

JOANNE McNALLY: Probably, but still, I'll take it.

[Cutlery sounds]

JOANNE McNALLY: Do you know my mother used to steam fish in the dishwasher?

ANGELA HARTNETT: Don't be ridiculous.

NICK GRIMSHAW: What?

JOANNE McNALLY: Yeah. Unless I completely made that up.

NICK GRIMSHAW: What?

JOANNE McNALLY: Yeah.

ANGELA HARTNETT: Covered, presumably.

JOANNE McNALLY: Yeah, yeah, yeah.

ANGELA HARTNETT: With no soap.

JOANNE McNALLY: Lob it in.

NICK GRIMSHAW: Not with other dishes in.

JOANNE McNALLY: Couple of fish fingers, bang it on, put it on a power plate. No, she, she used to put it in a container, and put it in the dishwasher, and, and, to steam it.

NICK GRIMSHAW: Oh my god.

JOANNE McNALLY: Is that not a, that's not a...

NICK GRIMSHAW: I feel like it would work

JOANNE McNALLY: It's obviously not a thing, is it?

ANGELA HARTNETT: It's not something I've done at work, but I can understand where she's, she's coming from.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: You know, they're sort of steaming stuff, it's covered up, it's the heat isn't it, yeah.

JOANNE McNALLY: Yeah she's just steaming the dishwasher. I think so, yeah.

ANGELA HARTNETT: So did your mum cook a lot when you were a kid?

JOANNE McNALLY: Yeah. She worked, so she was busy and my dad worked too, which I don't know how really she managed it.

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: But it was like. She was doing that kind of stock cooking.

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: You know what I mean? Chilli con carnes, lasagnes.

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: Coffee cake. That was her kind of like, her dish.

ANGELA HARTNETT: Nice, yeah.

JOANNE McNALLY: You know.

NICK GRIMSHAW: You know.

JOANNE McNALLY: The good stuff.

NICK GRIMSHAW: Yeah, the good stuff. And did you pick up any of that cooking love? Do you get home from work and be like, yeah, it's lasagne time.

JOANNE McNALLY: I don't know why I don't. Like, no, do you know what? I love eating, and then that's kind of it. I don't care for any other part of the process.

NICK GRIMSHAW: No, just the end bit. So what about, like, in your house, do you have another half?

JOANNE McNALLY: Yes.

NICK GRIMSHAW: Do they cook?

JOANNE McNALLY: No. We're the same.

NICK GRIMSHAW: No, so what happens, where do you eat?

ANGELA HARTNETT: What do you eat?

JOANNE McNALLY: So, do you know, he's a big, he's a big, like, beefcake, like, he's big into the gym. So he buys these clean, kind of clean meals.

NICK GRIMSHAW: Oh, yeah, yeah, yeah.

JOANNE McNALLY: And then we just eat them.

NICK GRIMSHAW: So you just do that. Now, Joanne, we are in the presence of a Michelin star chef. Do you have any food questions that you'd like to get off your chest?

JOANNE McNALLY: Well.

ANGELA HARTNETT: Well.

JOANNE McNALLY: Do you know what I do- I love, do you know what I eat a lot of is eggs.

ANGELA HARTNETT: I love eggs.

JOANNE McNALLY: I love eggs.

NICK GRIMSHAW: Love an egg.

JOANNE McNALLY: Yeah, love an egg.

ANGELA HARTNETT: How do you like your eggs?

JOANNE McNALLY: Well, I love them poached. Now, you'll, you'll hate this.

ANGELA HARTNETT: Go on.

JOANNE McNALLY: When I order them I'm like, hard poached eggs, and they're like yeah, and I'm like no, no, no look me in the eyes, I need them like a golf ball, and I need them to be like banging off the wall, like, I can't bear any gloop, any wetness.

ANGELA HARTNETT: Okay really firm. So are you like that with boiled eggs?

NICK GRIMSHAW: All the way through hard?

JOANNE McNALLY: All the way rock hard like you could-

NICK GRIMSHAW: Wow. I don't like the water from a poached egg, like, if you get it on toast and like, there's a bit of the water from the pan on it and I'm like, ugh.

JOANNE McNALLY: Not acceptable. I don't like when it's any kind of contamination from the yolk.

ANGELA HARTNETT: I get that.

JOANNE McNALLY: Anyway, that wasn't my question.

ANGELA HARTNETT: Oh, okay.

NICK GRIMSHAW: Oh, I thought that was it.

JOANNE McNALLY: No. How do you make a good omelette?

ANGELA HARTNETT: If you can use a non-stick pan, that's very helpful.

JOANNE McNALLY: Yeah.

ANGELA HARTNETT: I say three eggs, not two. Whisk them up.

JOANNE McNALLY: Yeah.

ANGELA HARTNETT: Butter in the pan. Let the butter melt and cover all the base of the pan. Then pour your eggs on top. And actually, bizarrely, take like a spatula or wooden spoon and slightly break them down to cook them a little bit.

JOANNE McNALLY: See, cause like when I-

ANGELA HARTNETT: Ah Then shake it out and then let it cook.

JOANNE McNALLY: And then fold. It kind of turns into rubble then, it all falls apart.

ANGELA HARTNETT: Ah, right, yeah. You need to do a little bit and make sure you put enough butter and non-stick.

JOANNE McNALLY: And then would you put it in the oven then to cook the top?

ANGELA HARTNETT: Well I think you would because you like it well done, don't you?

JOANNE McNALLY: Yeah, I do.

ANGELA HARTNETT: So yeah, put it in the oven to cook the top.

NICK GRIMSHAW: Would you not do it?

ANGELA HARTNETT: It depends, I don't particularly like a runny omelette.

NICK GRIMSHAW: Do you flip it?

ANGELA HARTNETT: No, you fold it.

NICK GRIMSHAW: Oh, yeah.

ANGELA HARTNETT: But the classic is there's no colour on there and the centre should be soft. But, you know, a lot of people have a bit of colour and not everyone likes it soft in the centre.

NICK GRIMSHAW: I like it a bit wet.

JOANNE McNALLY: I like it a bit wet, too.

ANGELA HARTNETT: But that's odd. You like it a bit wet in the omelette and then you like a hard poached egg.

JOANNE McNALLY: Oh, no, sorry, I didn't know we were talking about omelettes.

[Laughter]

[Dinner table sounds]

NICK GRIMSHAW: Shall we do some fun facts about Joanne McNally?

ANGELA HARTNETT: Of course. Not that I haven't heard enough already. I'm loving all the fun facts.

NICK GRIMSHAW: You still suck your thumb.

JOANNE McNALLY: So, I used to suck my thumb, like, relige.., as a child. and my dad, God love him, he's dead now, but he was, it was his, like, life mission to stop me sucking my thumb. So he'd paint it in Stop & Grow. Do you remember Stop & Grow? That stuff that tasted like acid.

NICK GRIMSHAW: Yeah.

JOANNE McNALLY: And then he'd wrap it in all these bandages and everything. So all these family photos I've got this huge, gammy thumb.

ANGELA HARTNETT: No.

JOANNE McNALLY: Yeah, like, and he'd put, you know those things that you put into an orange to, to squeeze the juice out.

ANGELA HARTNETT: Yeah, yeah, yeah.

JOANNE McNALLY: Those plastic things, he'd put that over the thumb.

NICK GRIMSHAW: Oh my God.

ANGELA HARTNETT: Jesus.

JOANNE McNALLY: Stop & Grow, and put that over the thumb, and wrap it like a cartoon thumb.

NICK GRIMSHAW: Just to stop you doing it.

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: And I was like, uh uh uh.

ANGELA HARTNETT: Not happening.

JOANNE McNALLY: And I'd just unwrap it and suck through.

NICK GRIMSHAW: Oh wow.

ANGELA HARTNETT: Wow.

JOANNE McNALLY: I know. I find it very soothing. I would only now catch myself doing it if I was very tired, but I would- if I was on the tube, I'd be like, Joanne, you're, it's not appropriate.

NICK GRIMSHAW: You're on the tube.

JOANNE McNALLY: Yeah, you're on the tube. Wait till you're at home alone to suck your thumb. But also then, for years I thought that I'd kind of, I'd shrank my thumb a little bit. But I think that was my mum telling me that to scare me out of it. Like that I was going to suck the centre off.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Let me see.

JOANNE McNALLY: They look fine now, don't they?

ANGELA HARTNETT: They're fine. Perfect.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Another fact, more fun and more fab than sucking your thumb. Variety named you as one of their top comics to watch in 2023.

JOANNE McNALLY: They did.

NICK GRIMSHAW: Top ten, no less.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: That's fab. How do you find an accolade like that? Is the pressure on when you get an accolade like that?

JOANNE McNALLY: Well, I used to work in PR.

NICK GRIMSHAW: Oh yeah.

JOANNE McNALLY: PR, as you say... over here.

NICK GRIMSHAW: PR.

JOANNE McNALLY: It's like when I first moved to London, trying to order butter in a restaurant was the most humiliating experience. I'm like, 'Can I get some butter, please?' And they're like, 'You what?' And I was like, 'Butter,' and I'd have to act it out, and they're bringing me water and everything. Anyway, because I used to work in PR, I know that a lot of it is just nonsense, do you know what I mean? Like, I don't take it all very seriously until I won one, and then I was like, oh my God, it's the best thing ever!

NICK GRIMSHAW: Pretty serious!

JOANNE McNALLY: This is pretty serious stuff. But no, I've never won anything like that before, like I never, Edinburgh, like no nominations, nothing like that, so yeah, it was pretty cool. Cause I want to focus on the- over that side of the world now.

NICK GRIMSHAW: Oh, do you?

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: America?

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: Do you?

JOANNE McNALLY: Yeah.

ANGELA HARTNETT: Are you gonna move out there?

JOANNE McNALLY: I'll go for a bit, yeah. I just got an agent there, so I'm gonna start-

ANGELA HARTNETT: To New York, California?

JOANNE McNALLY: All of it.

NICK GRIMSHAW: The whole- the continent.

JOANNE McNALLY: Everything.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: Amazing.

NICK GRIMSHAW: Oh fab, I love that.

[Drink pouring sounds]

NICK GRIMSHAW: Speaking of PR, and with your masters in PR, you have an understanding of publicity from both sides.

JOANNE McNALLY: I do.

NICK GRIMSHAW: So we thought we could resurrect a game that we played, and we need to play more often because this is a good game. We played it before with Aisling Bea.

JOANNE McNALLY: Oh yeah.

NICK GRIMSHAW: It's a game called, How'd You Like Them Headlines?

JOANNE McNALLY: Nice.

NICK GRIMSHAW: And I'm gonna read out the headline, and you're just gonna tell me the story.

JOANNE McNALLY: Okay.

NICK GRIMSHAW: Of what the hell happened.

JOANNE McNALLY: Oh, gotcha.

NICK GRIMSHAW: I'm gonna read out the headlines about you. Okay, first up on How'd You Like Them Headlines? 'Comedian Joanne McNally: I'm 40 living the life of a 24-year-old.'

JOANNE McNALLY: Indeed, that's self-explanatory.

NICK GRIMSHAW: Yeah, that is... Explain that to me, Joanne.

JOANNE McNALLY: So of all my friends, like I don't really own anything. Like I definitely have, you know, young traits. And then of course I'm living in Vogue's basement, and then I'm in a shared house in Clapham with like 16 other people, and everyone's got their name on the milk, but I'm like thirty-nine. You know what I'm saying. It was just like, things need to kind of speed up. So I did have quite a young lifestyle. I was a late starter. Yeah.

NICK GRIMSHAW: Yeah.

ANGELA HARTNETT: That's alright.

JOANNE McNALLY: I was a late starter.

NICK GRIMSHAW: I love that. Next up, 'Joanne McNally admits she watches plane crash videos before flying.'

JOANNE McNALLY: I do. Do you know why?

NICK GRIMSHAW: Yeah, I would love to know why actually.

JOANNE McNALLY: So I watch- I get a couple of episodes of Air Crash Investigation in before I board a plane.

NICK GRIMSHAW: Right.

JOANNE McNALLY: Though because-

ANGELA HARTNETT: You don't like flying presumably.

JOANNE McNALLY: I don't mind flying at all. At all at all.

ANGELA HARTNETT: Why do you watch it?

JOANNE McNALLY: I love the show.

ANGELA HARTNETT: Right.

JOANNE McNALLY: So that's where it started. So, people would be like, how can you watch that when you fly so much? And I'd be like, well, I love watching it before I fly because it's too ironic that anything would happen to me then.

NICK GRIMSHAW: Oh, yeah.

JOANNE McNALLY: Do you know what I mean? What are the chances?

NICK GRIMSHAW: What are the chances? She just watched the-

JOANNE McNALLY: That would be like Final Destination.

ANGELA HARTNETT: You're playing against the karma police, aren't you.

JOANNE McNALLY: Exactly.

ANGELA HARTNETT: Look at you.

JOANNE McNALLY: I'm like, see this?

NICK GRIMSHAW: It'd never happen.

JOANNE McNALLY: My eyes are open. Yeah, exactly

ANGELA HARTNETT: Very good, I like that.

JOANNE McNALLY: Yeah.

NICK GRIMSHAW: 'Joanne McNally's boyfriend, Alan Byrne, crashes her car into local cafe.'

JOANNE McNALLY: Mm.

NICK GRIMSHAW: Oh.

ANGELA HARTNETT: Mm.

JOANNE McNALLY: Well now, in fairness, he's not a fan of the handbrake.

NICK GRIMSHAW: Right. In fairness.

JOANNE McNALLY: I know, who is? And he took the handbrake, didn't put it on, but it crashed into the local coffee shop. And it was very embarrassing because everyone was trapped in the shop. But then, one of these kind of gossip sites got the

footage of it and put it online. And when I say it was the most pathetic crash, like, it just kind of like crawled towards, just like, tapped into this wall and then everyone trying to get out. But like, when they, it made it sound like it had been some Formula 1 epic crash, but it just kind of like tinkled along and like, tapped into the wall, so the aftermath, being accused of it being a shit crash was actually more embarrassing than him leaving the handbrake on.

NICK GRIMSHAW: Than the actual crash.

JOANNE McNALLY: Yes, it was morto.

NICK GRIMSHAW: I crashed my car once and it flipped on its side, and one of the neighbours, like pull quotes, when the Evening Standard came to cover it, said something like, 'he was going so slow, I don't know how that happened'. And I was like-

JOANNE McNALLY: That's very funny.

NICK GRIMSHAW: It's very same.

ANGELA HARTNETT: Now we know.

NICK GRIMSHAW: Yeah, she was like, I don't know how it happened, she was like, it was the weirdest thing I've ever seen.

[Dinner table sounds]

NICK GRIMSHAW: Joanne, we've come to the end of the show question in this golden envelope. Here's a question for you, Joanne McNally. If you choose to answer the question, the Waitrose goodie bag shall be yours.

JOANNE McNALLY: What?!

NICK GRIMSHAW: Yeah!

JOANNE McNALLY: Ah!

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: Back to the basement, crack open the goodie bag.

ANGELA HARTNETT: Yeah. Don't share it with anyone, it's all yours.

NICK GRIMSHAW: Sorry Vogue.

JOANNE McNALLY: 'Joanne, we reckon you do well on Mastermind, so let's set this up. You have chosen your specialist topic, the cholera epidemic of 1854.' Now, okay.

NICK GRIMSHAW: The what?

JOANNE McNALLY: Yeah. 'The cholera epidemic of 1854.'

NICK GRIMSHAW: Cholera? The disease?

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: And the reason being- it's gonna sound absolutely insane now. Basically, when I'm supposed to be writing a new stand up show, do you know when you're like, I'll do anything other than-

ANGELA HARTNETT: What you're supposed to be doing.

NICK GRIMSHAW: Yeah.

JOANNE McNALLY: What you're supposed to do. And I was on the internet, on the world wide web, and Harvard do these like little weekend courses, these like little online courses, you pay like a tenner and whatever, do you know what I mean? And then you get like a little cert saying you googled Harvard. And they had this cholera course, and I did it, and I really enjoyed it. I spent the whole weekend doing it, I loved it. And then when I came to London, I went and visited the pump and everything.

NICK GRIMSHAW: Oh wow!

JOANNE McNALLY: The pump where the cholera started.

ANGELA HARTNETT: Yeah. Oh my God.

JOANNE McNALLY: I had my photo taken with the pump! Off a stranger 'cause I was on my own, and I'm leaning into the pump like it's a person. Insane.

ANGELA HARTNETT: Oh my God, I want to see that picture.

NICK GRIMSHAW: Oh my God.

JOANNE McNALLY: In eighteen-

ANGELA HARTNETT: Where's the pump? Where is it?

JOANNE McNALLY: It's in Soho. So they used have all these cholera outbreaks everywhere, but London particularly, and they didn't know how it was travelling.

ANGELA HARTNETT: Yeah.

JOANNE McNALLY: They thought it was coming up from the Thames and they thought it was in the air, but it was in the water.

ANGELA HARTNETT: Right. Got you.

JOANNE McNALLY: 'Please answer the question to win a Waitrose goodie bag. In 1854, an epidemic of cholera affected Soho. For the goodie bag name the doctor who demonstrated that contaminated water was the source of the epidemic.' And that is- my answer is, ding ding ding: John Snow.

NICK GRIMSHAW: Wey!

[Applause]

NICK GRIMSHAW: John Snow. Is that why the pub in Soho is called the John Snow?

JOANNE McNALLY: Yeah.

ANGELA HARTNETT: Yeah.

NICK GRIMSHAW: Oh my God.

JOANNE McNALLY: Cause that's where it started.

NICK GRIMSHAW: Well Joanne, congratulations.

NICK GRIMSHAW: Thank you.

JOANNE McNALLY: Ah!

NICK GRIMSHAW: You win the goodie bag.

ANGELA HARTNETT: Yes.

NICK GRIMSHAW: It is yours. It's like you've done a big shop.

JOANNE McNALLY: Oh wow.

NICK GRIMSHAW: It's all for you, there we go.

JOANNE McNALLY: Oh, I love it.

NICK GRIMSHAW: Joanne McNally, thank you for coming to see us.

ANGELA HARTNETT: Yes, thank you.

NICK GRIMSHAW: If people are listening to this and they're like, I want more Joanne McNally in my life, where can they get it?

ANGELA HARTNETT: And they should.

JOANNE McNALLY: So, my website, joannemcnally.com, has all the Prosecco Express dates on it. The UK ones are done, but there's- I'm going to like, Canada and stuff. And then me and Vogue are on tour with our Ghosted live show, and we are going all around the UK.

NICK GRIMSHAW: Oh, fab.

ANGELA HARTNETT: Fab.

JOANNE McNALLY: And that website is mytherapistghostedme.com.

ANGELA HARTNETT: Brilliant.

JOANNE McNALLY: Cause that's the name of the podcast.

NICK GRIMSHAW: Okay, amazing.

ANGELA HARTNETT: Fab.

NICK GRIMSHAW: We'll check that out.

JOANNE McNALLY: You should come. Come!

ANGELA HARTNETT: We will come.

JOANNE McNALLY: Deffo come.

ANGELA HARTNETT: You guys are hysterical.

JOANNE McNALLY: Deffo come.

ANGELA HARTNETT: Definitely, yeah, we will.

NICK GRIMSHAW: Let's do that. I'd love that.

ANGELA HARTNETT: You always say that, and I go by myself.

JOANNE McNALLY: I'm joking-

NICK GRIMSHAW: Where have you been on your own?

ANGELA HARTNETT: I've been to see David Harewood by myself. I went to Tim Minchin- I just sit there and there's an empty seat and I'm like, you know, Nick promised he'd come.

JOANNE McNALLY: Angela, I'd go.

ANGELA HARTNETT: Can I come? I'm coming, I don't care if you come.

JOANNE McNALLY: You can come.

NICK GRIMSHAW: Okay, you take Joanne. Joanne McNally, thank you so much. Round of applause for Joanne McNally, everybody.

[Applause]

NICK GRIMSHAW: Thank you.

ANGELA HARTNETT: You're amazing.

JOANNE McNALLY: That was good craic.

NICK GRIMSHAW: That was good fun, thank you.

JOANNE McNALLY: That chicken- that sandwich is amazing.

NICK GRIMSHAW: Coming up next week on Dish, we have Richard Corrigan and Valentine Warner together.

(Coming up clip)

NICK GRIMSHAW: But I feel like everyone does fall a little bit in love with Ange when they meet her.

VALENTINE WARNER: A profoundly generous person.

RICHARD CORRIGAN: Yeah. Unpretentious and real. And if she was any of those things, we'd have cut her down to size a long time ago.

ANGELA HARTNETT: Details of all the delicious meals I've cooked on Dish can be found at [waitrose.com/dishrecipes](https://www.waitrose.com/dishrecipes). All the links are in our show notes.

NICK GRIMSHAW: We love reading your reviews, don't we Ange? Ange?

ANGELA HARTNETT: Yep.

NICK GRIMSHAW: Please keep them coming, and you know, the bigger the better.

ANGELA HARTNETT: Leave us a review on Apple Podcasts, Spotify, or whatever you are listening today.

NICK GRIMSHAW: Don't be a stranger, you can email us now. Angela is on hand, as am I, if you want, to answer any questions, dish@waitrose.co.uk.

ANGELA HARTNETT: Dish is a SE Creative Studio production.

Waitrose. Food to feel good about.